



EXAMINATIONS COUNCIL OF ESWATINI

Junior Certificate Examination

CANDIDATE
NAME

CENTRE
NUMBER

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CANDIDATE
NUMBER

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CONSUMER SCIENCE

540/01

Paper 1

October/November 2022

Candidates answer on the Question paper.

1 hour 15 minutes

No additional Materials are required.

READ THESE INSTRUCTIONS FIRST

Write your candidate name centre number and candidate number on all the working you hand in.

Write in **blue** or **black** pen.

You may use an HB pencil for any diagrams.

Do **not** use staples, paper clips, highlighters, glue or correction fluid.

Do **not** open this Question Paper until you are told to do so.

This Question Paper contains **TWO SECTIONS**, A and B.

Answer **all** Questions from each section.

Answer section A on the grid provided at the back of this paper and section B on the spaces provided on the Question Paper.

SECTION A - MULTIPLE CHOICE

SECTION B - CHILD CARE, FAMILY LIVING AND HEALTH & HYGIENE

<i>FOR EXAMINERS USE</i>	
SECTION A	
SECTION B	
TOTAL MARKS	

This document consists of **10** printed pages and **2** blank pages.

SECTION A

CHILD CARE, FAMILY LIVING, HEALTH AND HYGIENE

MULTIPLE CHOICE QUESTIONS

Answer **all** questions in this section.

Put an **X** for the correct answer in the **grid** attached at the back of this paper.

Child Care & Development.

1. One of the following is a common ailment in pregnancy. Which one is it?
 - A. cough
 - B. diarrhoea
 - C. fever
 - D. oedema

2. Which solution is used for sterilising feeding equipment?
 - A. salt solution
 - B. sugar solution
 - C. milton solution
 - D. mixed solution

3. What causes stillborn babies?
 - A. Excessive eating
 - B. Excessive weight gain
 - C. High sugar levels
 - D. High blood pressure

4. Why is breast milk ideal for a baby? It

 - A is free from bacteria
 - B quenches thirst
 - C is sweet to taste
 - D supplies most nutrients

5. Which of the following childhood disease should a baby be immunised against at nine months?
 - A Tuberculosis
 - B Polio
 - C Measles
 - D Tetanus

6. Why is a warm room suitable for bathing a baby? It is because.....
- A it makes the baby sleep.
 - B cold air has a lot of bacteria.
 - C cold air causes shock to the baby.
 - D babies easily get a chill.
7. Why are spicy foods discouraged for a breastfeeding mother? It is because they...
- A upset the baby's tummy.
 - B reduce the production of milk.
 - C change the colour of milk.
 - D reduce the nutritive value of milk.
8. What is antenatal care? It is the care given to a woman.....
- A before breastfeeding.
 - B after delivery.
 - C during pregnancy.
 - D during weaning.
9. Which of the following foods is suitable for weaning a baby?
- A salty foods
 - B spicy foods
 - C soft foods
 - D sweet foods
10. Which of the following materials is suitable for babies' clothes?
- A Cotton, flannelette, wool
 - B Flannelette, wool, silk
 - C Nylon, silk, towelling
 - D Wool, plastic, towelling

Family Living & Family Resources

11. Which of the following should a retired couple consider when buying a home?
- A Resources, schools, shopping facilities.
 - B Shopping facilities, health facilities, resources.
 - C Health facilities, shopping facilities, schools.
 - D Schools, health facilities, resources.
12. Which of the following is a name given to a family formed when either a man or woman with children remarries?
- A Modern family
 - B Single parent family
 - C Blended family
 - D Foster family
13. One of the following is a cause of conflict in families. Select the most appropriate one.
- A Good communication
 - B Differences in age
 - C Low education level
 - D Sex issues
14. Who of these has a role to pass on customs and traditions of the society and the community?
- A grandparent
 - B father
 - C mother
 - D uncle
15. Which of the following is a type of abuse?
- A fear
 - B stress
 - C bruises
 - D neglect

Health & Hygiene

16. What does the acronym STI stand for?
- A sexually transmitted disease.
 - B sexually transported illness.
 - C sexually transmitted and infections.
 - D sexually transmitted illness.
17. Which of the following services are provided by school health nurses?
- A Nutrition, first aid kits, inspection of school environment
 - B Safe water, Nutrition, health inspection
 - C Health inspection, inspection of school environment, safe water
 - D First aid kit contents, food parcels, safe water
18. Which part of the skin is responsible for controlling temperature?
- A Hair
 - B Pores
 - C Glands
 - D Dermis
19. Which of the following changes occur to boys who have reached puberty?
- A Hair underarm, hips, deep voice.
 - B Facial hair, smooth skin, broad shoulders.
 - C Broad shoulders, hair, nice smell.
 - D Broad shoulders, deep voice, hair under arms.
20. Which of the following diseases is caused by contaminated water?
- A cholera
 - B tetanus
 - C diarrhoea
 - D malaria

[Total: 20 marks]

[Total for Section A: 20 marks]

SECTION A - ANSWER GRID

1.	A	B	C	D
2.	A	B	C	D
3.	A	B	C	D
4.	A	B	C	D
5.	A	B	C	D
6.	A	B	C	D
7.	A	B	C	D
8.	A	B	C	D
9.	A	B	C	D
10.	A	B	C	D
11.	A	B	C	D
12.	A	B	C	D
13.	A	B	C	D
14.	A	B	C	D
15.	A	B	C	D
16.	A	B	C	D
17.	A	B	C	D
18.	A	B	C	D
19.	A	B	C	D
20.	A	B	C	D

SECTION B

Child Care, Family Living and Health & Hygiene.

Answer **all** questions in this section.

Child Care and Development

A. Define the following terms:

(i) Postnatal care

.....
..... [1]

(ii) Immunisation.

.....
..... [1]

B. What is the function of the umbilical cord?

.....
..... [2]

C. State **two** ways of controlling backache during pregnancy.

1.....
2..... [2]

D. Why should the following nutrients be increased in the diet of a pregnant woman?

(i) Dietary fibre

.....
..... [1]

(ii) Complete protein

.....
..... [1]

E. Justify the following practices.

(i) Choosing stretchy fabrics for baby's clothes.

.....
..... [1]

(ii) Buying a new razor blade for home delivery.

.....
..... [1]

F. Mention **two** rules for artificial feeding.

1

2

[2]

G. What **three** conditions necessitate a pregnant woman to choose a hospital as a place for confinement?

(i)

[1]

(ii)

[1]

(iii)

[1]

H. Discuss the procedure for bathing a newly - born baby.

.....
.....
.....
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.....
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.....
.....

[5]

[Total: 20 marks]

Family Living & Resources

A. Define a home.

.....
..... [1]

B. Outline **two** responsibilities of a father.

1.....
.....
2.....
..... [2]

C. Differentiate between a civil rite and a customary marriage contracts.

.....
.....
.....
.....
..... [4]

D. Justify the importance of budgeting.

.....
.....
.....
.....
..... [3]

[Total: 10 marks]

Health & Hygiene

A. Define a scald.

.....
..... [1]

B. State **three** first aid measures that can be given for tick bites.

1.....
1.....
3..... [3]

C. Explain **three** precautions to be taken to prevent drowning.

(i) [1]
..... [1]
(ii) [1]
..... [1]
(iii) [1]
..... [1]

D. Describe **three** signs and symptoms of malaria.

(i) [1]
..... [1]
(ii) [1]
..... [1]
(iii) [1]
..... [1]

[Total: 10 marks]

[Total for Section B: 40 marks]

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